

A large teal arrow pointing to the right, containing the text 'home WORKSHEETS'.

# home WORKSHEETS

# ASSESS WHAT WORKS FOR YOU

MY FAVOURITE COLOURS ARE...

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BOOKS/MAGAZINES I ENJOY ARE...

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I LIKE TO COLLECT...

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ARTWORK THAT INSPIRES ME INCLUDES...

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I FEEL MOST AT HOME WHEN...

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ARCHITECTURE I'M DRAWN TO IS...

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MUSIC I LISTEN TO AT HOME IS...

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MY FAVORITE SEASON IS...

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A DREAM HOME WOULD INCLUDE...

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# DO-IT DAY STICKERS

PURCHASE STICKER PAPER AT A CRAFT OR OFFICE SUPPLY STORE AND PRINT THESE DO-IT DAY STICKERS. PLACE THEM IN YOUR PLANNER OR DIARY SO YOU NEVER FORGET DO-IT DAY!



# BAD-MOOD BUSTERS

today i am grateful that \_\_\_\_\_ did \_\_\_\_\_.

(NAME)

(ACTION)

i am so happy to have \_\_\_\_\_ in my life because \_\_\_\_\_.

(NAME)

(REASON S/HE IS AWESOME)

today i am grateful that \_\_\_\_\_ was \_\_\_\_\_.

(NAME)

(ATTITUDE / STATE OF BEING)

i am so fortunate to have \_\_\_\_\_ because s/he always \_\_\_\_\_.

(NAME)

(FREQUENT ACT OF KINDNESS)

it always makes me smile when \_\_\_\_\_ does \_\_\_\_\_.

(NAME)

(SILLY / FUNNY THING S/HE DOES)

we really have fun when \_\_\_\_\_ and i \_\_\_\_\_.

(NAME)

(FUN THING YOU DO TOGETHER)

it always makes me laugh when \_\_\_\_\_ says \_\_\_\_\_.

(NAME)

(FUNNY THING S/HE SAYS)

today i am so glad that \_\_\_\_\_ was able to \_\_\_\_\_.

(NAME)

(ACTION)

one of the best things about \_\_\_\_\_ is \_\_\_\_\_.

(NAME)

(PERSONALITY TRAIT)

today it made me so happy when \_\_\_\_\_ did \_\_\_\_\_.

(NAME)

(ACTION)

# HUNT DOWN YOUR HOBBY

WHAT WAS YOUR FAVOURITE ACTIVITY OR PASTIME WHEN YOU WERE A CHILD?  
WHAT DID YOU LIKE ABOUT IT? WOULD YOU LIKE TO GIVE IT ANOTHER TRY?

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IF YOU COULD HAVE A WHOLE DAY WITHOUT INTERRUPTIONS, WHAT WOULD YOU  
SPEND IT DOING?

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WHAT WOULD YOUR DREAM JOB CONSIST OF? IS THERE ANY WAY TO TURN ASPECTS  
OF THAT JOB INTO A HOBBY?

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WHAT ARE SOME ACTIVITIES YOU'VE SEEN OTHERS ENJOYING AND HAVE ALWAYS  
WANTED TO TRY YOURSELF?

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